

Sphinx AC Summer 5, Wednesday 30 June 2010

| Position | Time | No. | Name | Club | Category |
|----------|---------|-----|---------------------|------------------------|----------|
| 1 | 0:27:31 | 238 | BANKS, Ed | BRAT | SM |
| 2 | 0:27:39 | 239 | WHITE, Richard | BRAT | SM |
| 3 | 0:27:49 | 578 | MILES, Ashley | Sphinx AC | SM |
| 4 | 0:27:59 | 70 | THOMPSON, Paul | Sparkhill Harriers | SM |
| 5 | 0:28:09 | 75 | ELLIS, Mike | Spa Striders | SM |
| 6 | 0:29:13 | 599 | PRICE, Tim | Solihull & Small Heath | SM |
| 7 | 0:29:31 | 111 | MEAD, Stuart | Spa Striders | M40 |
| 8 | 0:29:41 | 357 | MCCARTHY, Chris | Spa Striders | SM |
| 9 | 0:29:47 | 19 | DELANEY, Tom | Sphinx AC | MU20 |
| 10 | 0:29:50 | 537 | DAVIES, Paul | Centurions RC | M40 |
| 11 | 0:29:52 | 175 | SMITH, Mark | Sphinx AC | M40 |
| 12 | 0:29:53 | 305 | STEPHENS, Graham | | M50 |
| 13 | 0:30:20 | 258 | ANDERSEN, Howard | Northbrook AC | M50 |
| 14 | 0:30:22 | 559 | WILKINSON, Trevor | Spa Striders | M40 |
| 15 | 0:30:25 | 318 | HODGE, Richard | Northbrook AC | SM |
| 16 | 0:30:33 | 16 | EDWARDS, Dave | Saracens RC | M50 |
| 17 | 0:30:37 | 13 | HEALY, Thomas | Centurions RC | M50 |
| 18 | 0:30:41 | 391 | SHEPHARD, Richard | Spa Striders | SM |
| 19 | 0:31:13 | 69 | FINNEGAN, Patrick | Sparkhill Harriers | M40 |
| 20 | 0:31:17 | 379 | MILLER, Brian | Leamington | M40 |
| 21 | 0:31:18 | 347 | MONEY, Andy | Centurions RC | M40 |
| 22 | 0:31:23 | 586 | BOARDLEY, Ian | Beverley | SM |
| 23 | 0:31:33 | 55 | FAHY, Pete | Sphinx AC | SM |
| 24 | 0:31:42 | 127 | MUSTON, Jenni | Charnwood | F35 |
| 25 | 0:31:43 | 117 | HADEN, Tony | Centurions RC | M40 |
| 26 | 0:31:47 | 67 | SMITH, Justin | Sphinx AC | SM |
| 27 | 0:31:49 | 571 | SMITH, Rebecca | Northbrook AC | F35 |
| 28 | 0:31:53 | 557 | MONTGOMERY, Alex | Leamington | M50 |
| 29 | 0:31:57 | 129 | FELLOWS, Peter | Northbrook AC | M50 |
| 30 | 0:32:05 | 257 | MERREK, Richard | Spa Striders | SM |
| 31 | 0:32:07 | 582 | GOWER, Ian | Sphinx AC | M40 |
| 32 | 0:32:08 | 597 | SAXTON, Luke | | SM |
| 33 | 0:32:09 | 118 | WILLIAMSON, Monica | Leamington | F45 |
| 34 | 0:32:11 | 592 | MACKNESS, Tony | Northbrook AC | M50 |
| 35 | 0:32:14 | 352 | CURTIS, Marc | Centurions RC | M40 |
| 36 | 0:32:16 | 230 | THOMPSON, Steve | | SM |
| 37 | 0:32:21 | 356 | STEEL, Richard | Kenilworth Runners | M40 |
| 38 | 0:32:24 | 576 | TAYLOR, Collin | Sphinx AC | M40 |
| 39 | 0:32:27 | 596 | CLARK, Trevor | Sphinx AC | M50 |
| 40 | 0:32:29 | 112 | MUDDIMAN, Wayne | Centurions RC | SM |
| 41 | 0:32:41 | 179 | GILKES, Nick | Sphinx AC | M40 |
| 42 | 0:32:42 | 563 | MURPHY, Mark | | SM |
| 43 | 0:32:43 | 350 | WILSON, John | Northbrook AC | SM |
| 44 | 0:32:48 | 390 | LOVELOCK, Andrew | | SM |
| 45 | 0:32:50 | 558 | WILKINSON, Carolyn | Spa Striders | F35 |
| 46 | 0:32:54 | 381 | MANUEL, David | | SM |
| 47 | 0:32:57 | 140 | GODBERT-BROWN, Liam | Spa Striders | MU20 |
| 48 | 0:33:01 | 700 | FRENCH, Richard | Northbrook AC | M40 |
| 49 | 0:33:06 | 236 | LEE, David | Northbrook AC | M40 |
| 50 | 0:33:11 | 351 | PATTON, Graham | | M60 |
| 51 | 0:33:14 | 567 | BASNETT, Nigel | Northbrook AC | M40 |
| 52 | 0:33:30 | 119 | FINDLAY, Rob | | SM |
| 53 | 0:33:41 | 303 | MCNALLY, John | Spa Striders | M50 |
| 54 | 0:33:42 | 353 | PALMER, Richard | | SM |
| 55 | 0:33:44 | 577 | LOVE, Michael | | M40 |
| 56 | 0:33:49 | 306 | STEAD, Paul | Northbrook AC | SM |
| 57 | 0:33:51 | 349 | WILLIAMS, Anthony | Northbrook AC | M40 |

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| 58 | 0:33:57 | 252 KEAL, Matthew | Kenilworth Runners | M40 |
| 59 | 0:34:05 | 74 CLARK, Dawn | Spa Striders | SF |
| 60 | 0:34:19 | 237 CRITCHLEY, Alix | Northbrook AC | SF |
| 61 | 0:34:22 | 591 PEARS, Bryan | Sphinx AC | M40 |
| 62 | 0:34:23 | 295 LORD, Alastair | Sphinx AC | MU20 |
| 63 | 0:34:24 | 566 HUGHES, Tony | Northbrook AC | M50 |
| 64 | 0:34:30 | 21 PEAVOY, John | Massey Ferguson RC | M60 |
| 65 | 0:34:31 | 590 PEARS, Craig | Sphinx AC | MU17 |
| 66 | 0:34:37 | 385 FOULSTONE, Danny | | SM |
| 67 | 0:34:39 | 388 BACCIOCHI, Trevor | Centurions RC | SM |
| 68 | 0:34:46 | 73 TURNER, G | Centurions RC | M50 |
| 69 | 0:34:47 | 65 COURT, Steve | Sphinx AC | M40 |
| 70 | 0:34:47 | 24 BURGHAM, Brian | Sphinx AC | M40 |
| 71 | 0:34:48 | 299 MEIGH, Paul | | SM |
| 72 | 0:34:49 | 235 RUSHTON, Karl | | SM |
| 73 | 0:34:52 | 113 STUART, Kathryn | Sphinx AC | SF |
| 74 | 0:34:55 | 297 MEIGH, Stephen | | SM |
| 75 | 0:34:56 | 172 BERRILL, Lee | | MU20 |
| 76 | 0:34:58 | 554 FLECKENSTEIN, Nadine | Spa Striders | SF |
| 77 | 0:34:59 | 138 O'BRIEN, Tony | Saracens RC | M40 |
| 78 | 0:35:01 | 128 MARSH, Andrew | | M40 |
| 79 | 0:35:13 | 12 HEALY, Grace | Centurions RC | FU20 |
| 80 | 0:35:17 | 538 TOWNLEY, Sharon | Centurions RC | F35 |
| 81 | 0:35:18 | 546 TURNER, John | Stratford AC | M60 |
| 82 | 0:35:33 | 71 CUNNINGHAM, Jack | Sphinx AC | MU17 |
| 83 | 0:35:36 | 308 MCNANEY, Craig | Northbrook AC | M50 |
| 84 | 0:35:42 | 193 SMITH, Lucy | Sphinx AC | F35 |
| 85 | 0:35:45 | 389 REA, Andy | Centurions RC | M40 |
| 86 | 0:35:55 | 234 SMITH, Vicki | Spa Striders | F45 |
| 87 | 0:36:05 | 298 BURROWS, Barry | Sphinx AC | SM |
| 88 | 0:36:15 | 301 RICHARDS, Patrick | | M40 |
| 89 | 0:36:21 | 701 WIBERLEY, James | | SM |
| 90 | 0:36:25 | 560 MCDONALD, Lyn | Northbrook AC | F35 |
| 91 | 0:36:31 | 556 KING, Richard | Spa Striders | M40 |
| 92 | 0:36:35 | 195 MATTHEWS, Andrew | Centurions RC | M40 |
| 93 | 0:36:39 | 395 ENGLISH, Mallory | | FU20 |
| 94 | 0:36:42 | 11 JUDGE, Martin | Massey Ferguson RC | M50 |
| 95 | 0:36:47 | 354 ROBINSON, Craig | Northbrook AC | SM |
| 96 | 0:36:51 | 580 LANGMAN, Jack | Northbrook AC | M60 |
| 97 | 0:36:55 | 371 HANDS, Richard | Northbrook AC | SM |
| 98 | 0:36:56 | 23 WALL, Michael | Sphinx AC | SM |
| 99 | 0:37:06 | 380 MCNANEY, Sarah | Northbrook AC | F45 |
| 100 | 0:37:12 | 224 FOSTER, Martin | Bourneville Harriers | M50 |
| 101 | 0:37:21 | 136 WILKES, Neil | Centurions RC | M40 |
| 102 | 0:37:25 | 589 CHATHA, Gopal | | SM |
| 103 | 0:37:30 | 384 WEBBER, James | Centurions RC | SM |
| 104 | 0:37:32 | 702 BERRISFORD, Richard | | SM |
| 105 | 0:37:35 | 544 SHARRATT, Robert | Burton AC | M50 |
| 106 | 0:37:37 | 573 ANDREWS, William | | M50 |
| 107 | 0:37:38 | 383 SCHOFIELD, Peter | Spa Striders | M50 |
| 108 | 0:37:44 | 233 ADAMS, Steve | Ripley | SM |
| 109 | 0:37:45 | 255 SPA STRIDERS, Team | Spa Striders | SM |
| 110 | 0:37:46 | 363 UNWIN, Patrick | | M40 |
| 111 | 0:37:50 | 568 FOOKS, Heather | Solihull & Small Heath | F45 |
| 112 | 0:37:57 | 68 NORTON, Andrew | Sphinx AC | M40 |
| 113 | 0:38:01 | 259 POOL, Robert | Northbrook AC | SM |
| 114 | 0:38:10 | 378 FOSTER, C | Sphinx AC | M40 |
| 115 | 0:38:11 | 595 ADAMS, Bob | Northbrook AC | M50 |
| 116 | 0:38:12 | 355 HAWKINS, Joanna | Spa Striders | SF |
| 117 | 0:38:17 | 399 PARKINS, Sally | Sphinx AC | SF |

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| 118 | 0:38:22 | 296 BOOKER, Alistair | | SM |
| 119 | 0:38:25 | 260 BRESLIN, Terry | | M60 |
| 120 | 0:38:31 | 547 MAY, Amanda | Spa Striders | F35 |
| 121 | 0:38:31 | 256 WILLIAMS, Mary | Centurions RC | F55 |
| 122 | 0:38:38 | 312 DRAPER, Liam | | M40 |
| 123 | 0:38:41 | 398 DOWSE, Rob | | SM |
| 124 | 0:38:44 | 316 DABLE, Thomas | Kenilworth Runners | M60 |
| 125 | 0:38:50 | 376 REX, Fred | | M40 |
| 126 | 0:38:52 | 240 HALLISSEY, Mike | | M50 |
| 127 | 0:38:56 | 174 WALSH, Allan | Northbrook AC | SM |
| 128 | 0:39:00 | 109 MORRIS, Kevin | Centurions RC | M40 |
| 129 | 0:39:27 | 20 MANGER, Pete | Sphinx AC | M50 |
| 130 | 0:39:40 | 561 COOPER, David | Northbrook AC | M40 |
| 131 | 0:39:41 | 196 MAIDMENT, Marilyn | Centurions RC | F55 |
| 132 | 0:39:45 | 346 THOMPSON, Sharon | Northbrook AC | F35 |
| 133 | 0:39:48 | 183 FOXALL, Christopher | | SM |
| 134 | 0:39:51 | 360 O'CONNOR, Corinna | Northbrook AC | F35 |
| 135 | 0:39:54 | 367 BLOWER, David | Leamington | M50 |
| 136 | 0:39:59 | 25 TORLEY, Bob | Sphinx AC | M50 |
| 137 | 0:40:02 | 192 EDWARDS, Mick | Sparkhill Harriers | M60 |
| 138 | 0:40:19 | 176 MORGAN, Pete | Sphinx AC | M40 |
| 139 | 0:40:20 | 387 GOODWIN, | Kenilworth Runners | M50 |
| 140 | 0:40:24 | 311 PATRICK, Alan | Sphinx AC | SM |
| 141 | 0:40:24 | 396 SEAGRAVE, Nick | | SM |
| 142 | 0:40:27 | 114 COOPER, Mark | Amazing Feet | M50 |
| 143 | 0:40:43 | 348 BURDETT, Keith | Northbrook AC | M40 |
| 144 | 0:40:54 | 302 HANSEN, Edwin | Nuneaton Harriers | M60 |
| 145 | 0:40:56 | 540 WATKINS, Graham | Stratford AC | M60 |
| 146 | 0:41:08 | 588 COUGHLIN, Keith | | M40 |
| 147 | 0:41:11 | 539 WATKINS, Luke | Stratford AC | SM |
| 148 | 0:41:12 | 369 IHENACHO, Frances | | F35 |
| 149 | 0:41:15 | 197 POONI, Sukhjit | | SM |
| 150 | 0:41:21 | 116 LYNCH, Neil | Northbrook AC | M40 |
| 151 | 0:41:22 | 555 LEE, James | | SM |
| 152 | 0:41:22 | 64 STUART, Jackie | Sphinx AC | F45 |
| 153 | 0:41:25 | 368 BLOWER, Carol | Leamington | F45 |
| 154 | 0:41:34 | 545 TURNER, Andrew | Stratford AC | SM |
| 155 | 0:41:47 | 565 HUGHES, Anne | Northbrook AC | F55 |
| 156 | 0:41:51 | 392 DAVIS, Debbie | Massey Ferguson RC | F35 |
| 157 | 0:41:53 | 366 OWEN, Claire | | F35 |
| 158 | 0:41:55 | 139 BROWN, Beverly | Spa Striders | F45 |
| 159 | 0:41:55 | 365 CORDEN, Helen | | F35 |
| 160 | 0:41:56 | 315 CORNOCK, Paul | Centurions RC | M40 |
| 161 | 0:42:03 | 199 JOHNSON, Sheila | Massey Ferguson RC | F45 |
| 162 | 0:42:13 | 72 THOMPSON, Brendan | | M40 |
| 163 | 0:42:17 | 394 BUTLER, David | | M50 |
| 164 | 0:42:21 | 17 FURLONG, Rebecca | Saracens RC | FU20 |
| 165 | 0:42:31 | 541 COOPER, Grahame | Sparkhill Harriers | M60 |
| 166 | 0:42:36 | 226 EVANS, Sally | | F35 |
| 167 | 0:42:43 | 320 VINCE, Ryan | | SM |
| 168 | 0:42:53 | 362 HARDING, Bill | Hillingdon AC | M60 |
| 169 | 0:43:13 | 309 ASPINALL, Sue | | F35 |
| 170 | 0:43:21 | 375 REYNOLDS, Joe | Massey Ferguson RC | M60 |
| 171 | 0:43:22 | 372 MORGAN, Chris | | SM |
| 172 | 0:43:25 | 137 TIMMS, Vicki | Saracens RC | SF |
| 173 | 0:43:27 | 22 CAPELL, Garry | Sphinx AC | M40 |
| 174 | 0:43:29 | 359 BELLAMY, Mark | | M40 |
| 175 | 0:43:33 | 307 HARRISON, Joanne | | F35 |
| 176 | 0:43:34 | 536 EVANS, Kate | Spa Striders | F35 |
| 177 | 0:43:34 | 2 LIMBRICK, Gudrun | | F35 |

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| 178 | 0:43:35 | 364 JEFFREYS, Robin | | M50 |
| 179 | 0:43:38 | 254 SERGIOS, Agapiou | | SM |
| 180 | 0:43:48 | 66 FENLON, Becky | Sphinx AC | SF |
| 181 | 0:43:52 | 386 MOYSE, Joanne | Northbrook AC | F35 |
| 182 | 0:43:56 | 361 O'CONNOR, Sean | Northbrook AC | M40 |
| 183 | 0:44:04 | 110 BURNS, Derek | Massey Ferguson RC | M60 |
| 184 | 0:44:05 | 345 BROOMFIELD, Martin | Kenilworth Runners | M40 |
| 185 | 0:44:08 | 579 PELLING, Mike | Sphinx AC | M60 |
| 186 | 0:44:15 | 225 ASTILL, Tim | | M50 |
| 187 | 0:44:23 | 313 LUCAS, Dave | | SM |
| 188 | 0:44:26 | 585 STANLEY, Mike | Midland Masters | M60 |
| 189 | 0:44:31 | 253 MACAULAY, Nikki | | SF |
| 190 | 0:44:38 | 173 ALLEN, Claire | Nuneaton Harriers | F45 |
| 191 | 0:44:55 | 373 BOLLARD, Martin | | M40 |
| 192 | 0:44:56 | 593 PHILLIPS, Dave | Massey Ferguson RC | M60 |
| 193 | 0:44:57 | 317 CURRY, Phil | | SM |
| 194 | 0:45:07 | 229 AYLMEER, John | Massey Ferguson RC | M60 |
| 195 | 0:45:09 | 370 RICHARDS, Linda | Northbrook AC | F35 |
| 196 | 0:45:15 | 393 HEALY, Mary | Sphinx AC | SF |
| 197 | 0:45:24 | 397 BIRD, Adam | Massey Ferguson RC | SM |
| 198 | 0:45:28 | 310 MAHON, Ruth | Road Runners Club | F45 |
| 199 | 0:45:30 | 314 CLARK, Jenny | | SF |
| 200 | 0:45:49 | 300 CLOSE, Ken | | M40 |
| 201 | 0:45:58 | 180 FOXALL, Wendy | | F35 |
| 202 | 0:46:01 | 177 IRWIN, Mick | Sphinx AC | M40 |
| 203 | 0:46:10 | 374 MASON, Francis | | SM |
| 204 | 0:46:14 | 382 DOLDEN, Ben | | SM |
| 205 | 0:46:18 | 15 KEAY, Cathy | | F35 |
| 206 | 0:46:21 | 594 BARRETT, Fraser | Northbrook AC | M40 |
| 207 | 0:46:33 | 227 FLINT, Tony | ToneZone Runners | M60 |
| 208 | 0:46:49 | 14 FRENCH, Tony | Northbrook AC | M60 |
| 209 | 0:47:00 | 194 COZENS, Julie | Sphinx AC | F45 |
| 210 | 0:47:38 | 319 KEIGHLEY, Lesley | Massey Ferguson RC | F55 |
| 211 | 0:47:38 | 130 HARDIMAN, Liz | | SF |
| 212 | 0:49:27 | 598 GUMERY, Mark | | M40 |
| 213 | 0:49:31 | 115 BUSH, Tony | Harrow | M60 |
| 214 | 0:50:08 | 562 MURPHY, Nicola | | F35 |
| 215 | 0:50:27 | 228 FLINT, Maureen | ToneZone Runners | F55 |
| 216 | 0:50:34 | 377 RICKMAN, C | | M40 |
| 217 | 0:51:23 | 543 MASON, Theresa | Sphinx AC | F45 |
| 218 | 0:52:07 | 120 CARNEY, David | Bromsgrove & Redditch | M60 |
| 219 | 0:52:19 | 600 AKERMAN, Ann | | F35 |
| 220 | 0:52:55 | 294 BRESLIN, Patricia | | F55 |
| 221 | 0:53:04 | 108 HAYNES, Tony | | M50 |
| 222 | 0:56:43 | 185 RODEN, Anna | Massey Ferguson RC | SF |
| 223 | 0:57:34 | 572 ESTICK, Peter | Massey Ferguson RC | M60 |
| 224 | 0:59:12 | 18 GOODWIN, Ed | Massey Ferguson RC | M60 |
| 225 | 1:00:19 | 574 SLEVIN, Sally | Massey Ferguson RC | F55 |